Pre-rehearsal
You should request a copy of the company’s COVID Safe policy/plan.
You should be asked to:
- complete a healthdirect Coronavirus (COVID-19) Symptom Checker (or other self-assessment tool);
- get tested for COVID-19 prior to commencing and throughout rehearsals;
- bring your own items (such as pen, notebook, water bottle, mug, towel) for personal use during rehearsals and not share.

Details about the scenes requiring close contact or intimacy should be provided in casting briefs as part of the auditioning process.
There will need to be special planning for scenes involving close contact or intimacy (including the control measures that may be implemented).
During rehearsals

Where reasonably practicable, the number of people in the rehearsal room to should be limited to essential personnel only. If you are not required in the rehearsal room or your rehearsals have finished for the day you should be released and leave the space.

Blocking

Where reasonably practicable, blocking should be conducted, to the extent possible, while maintaining physical distancing.
Where physical distancing is not possible:

appropriate control measures such as use of PPE, face shields, screens should be implemented

you may also be asked to limit interactions with people outside of the production to reduce risks to the broader community

As far as practicable, minimise time spent in close proximity to other workers

Outside the rehearsal room

Maintain physical distancing outside the rehearsal room (e.g. in the green room, kitchen)
Close Proximity, including physical intimacy (for stage or screen)

You may request an Intimacy Co-ordinator to work in collaboration with the director, first assistant director (for screen) or stage manager (for stage), and the relevant safety supervisor to map out scenes involving close contact or intimacy (including the control measures that will be implemented).

Together, consider creative alternatives or technological solutions for those scenes to ensure physical distancing, where possible (noting that an Intimacy Co-ordinator will not be able to advise on the control measures themselves).
Consider how factors such as length of dialogue and direction faced by actors (for example, whether they speak directly facing each other) can affect risk of COVID-19 transmission.

Review scenes that include physical proximity between actors (such as intimacy, action in confined spaces, fighting / action sequences, crowds, party scenes, stunts, multi-person scenes, extras and dialogue that requires singing or shouting) and consider creative alternatives or technological solutions that allow for physical distancing and COVID-19 safe stages and sets.
Ensure that you, as an actor, can provide informed written consent to work in scenes that require close contact or intimacy, based on a clear agreement as to how the scenes will be staged or filmed and what control measures will be implemented.

For screen production, scenes requiring close contact or physical intimacy should be filmed either all together (to ensure that quarantine bubbles are maintained) or at a later stage in the production.
Wardrobe, Props, Hair and Makeup

Please note that if any of the following are not considered practicable or possible, there are additional guidelines for other safe procedures.

Dress yourself, where possible, and keep your costume in a clean, allocated space separate from other actors’ costumes. Where reasonably practicable, apply and remove your own radio mic, after instruction by sound department. Where assistance is required, audio assistants should sanitise their hands between assisting performers and wear appropriate PPE (i.e. surgical face mask, masks made in accordance with published health guidelines).
Where reasonably practicable, look after your own props to minimise sharing. Perform your own props checks, where possible.
Where reasonably practicable, you should be given the option to do your own hair and makeup (including touch-ups and removal), including through virtual tutorials with hair and makeup personnel.

You should sanitise your hair and makeup kits regularly.

Hair and makeup supplies should only be handled by the individual actor (if using your own supplies).

Maintain at least 1.5m (approx 5 feet) distance between hair and makeup stations.
Mental Health

Finally, taking care of your mental health and wellbeing is critical during COVID-19 pandemic conditions.

You should ask about resources available to support your mental health while working.

You should have with a point of contact to discuss any concerns throughout a production.

The production company or educational institution should implement workplace initiatives with a holistic approach to mental health (such initiatives may also address aspects of wellbeing such as nutrition, mindfulness and exercise).
PAMA Guidelines for Theatre


For actors in the USA working primarily on screen productions


For actors in the USA working primarily on stage and live touring productions

https://actorsequity.org/resources/Producers/covid19-info/

In addition, Actors Equity in the USA has cautioned actors concerning companies that were not abiding by the COVID guidelines that Equity has developed

https://actorsequity.org/resources/DoNotWork/
Live Performance Australia – Stage and Touring Guidelines


Media Entertainment and Arts Alliance, Australia – Screen Guidelines


UK Guidelines

https://www.equity.org.uk/coronavirus-advice