

USF Performing Arts Medicine Collaborative Presents: *Lifecycle of the Performing Artist*

### ***Conference Description***

The third USF-Performing Arts and Medicine Association (PAMA) will be held June 1-3, 2018 at the University of South Florida in Tampa, Florida. The Conference is focused on performing arts medicine research and practice, striving to embrace a variety of issues across the performing artist's lifecycle.

### ***Target Participants***

This program is designed for health professionals, health science and performing arts educators, pre-professional and professional performing artists, medical humanities specialists, students in the health sciences and the performing arts, and other generalists who are interested in the intersection of the performing arts and the health sciences.

### ***Objectives***

Participants will learn:

Healthful approaches to the lifecycle experience of the performing artist spanning topics from: physiological risks, injury prevention, treatment, and rehabilitation, to mental health, nutrition, aging and collaborative research between medicine and the arts.

### ***Call for Abstracts***

You are invited to submit an abstract on topics that include a broad spectrum of research and practice relating to Performing Arts Medicine including various topics associated with the lifecycle of the performing artist. Participants selected by the program committee will have the opportunity to present and share their research to contribute to the conference objectives. Topics may include but are not limited to the following:

- Mindful techniques to foster longevity
- Physiological and chronological aging in the performing arts
- Life cycle effects on aging for performing artists
- Finding balance between life and art practice
- Nutrition in performing arts
- Mental health in performing arts
- Professional (or career) development for performing arts medicine specialists in the arts and health
- Uses and misuses of drugs in performing arts, especially medical cannabis
- Hearing preservation in musicians
- Communication between performing artists and health care providers
- Collaborative research between health and performing arts professionals.

The Third USF-PAMA Regional Conference  
USF School of Music Barness Recital Hall & USF Concert Hall  
June 1-3, 2018

***Abstract Content and Format:***

- Abstracts must adopt the introduction, materials and methods, results, discussion and conclusion format.
- Text of the abstract is limited to 250 words (excluding the title, name and affiliation).
- Title of abstract in ALL CAPS.
- Name of author(s) with degree(s) affiliation, city, state, country, and contact information.
- Times New Roman, 12 pt. font.
- English, single-spaced, one-inch margins.

***Abstract Submissions:***

Abstracts must be submitted electronically by 5:00 pm on January 12, 2018 to the following email address: [snicosia@health.usf.edu](mailto:snicosia@health.usf.edu) or [mmorris3@usf.edu](mailto:mmorris3@usf.edu)

Accepted abstracts will be assigned by the Program Committee to one of the following:

- 20-minute live presentation plus 5-minutes Q&A (25 minutes total)
- Poster presentation: 6-minute rotating presentation

Notification: Notification of acceptance or denial for abstract submission will be made by February 12, 2018 by email.

**QUESTIONS:** If you have questions regarding the abstract submission or the conference contact: [snicosia@health.usf.edu](mailto:snicosia@health.usf.edu), [mmorris3@usf.edu](mailto:mmorris3@usf.edu), or [slee@usf.edu](mailto:slee@usf.edu)

On-line registration (Only). Go to Conference Web page <http://music.arts.usf.edu/PAMA> click "Fees and Registration."

***Conference Personnel***

Sang-Hie Lee, PhD, EdD, MM (Music) Director  
William Quillen, PT, DPT, PhD, FACSM, Co-Director  
Santo Nicosia, MD (Medicine), Program Committee Chair  
Marry Lynn Morris, MFA, ABD (Dance), Program Committee Co-Chair

***Keynote Speakers***

- Bill Dawson, MD, (PAMA, Northwestern University)
- Dan Hall-Flavin, MD (Mayo Clinic, Oxford Roundtable)
- Juan Sanchez-Ramos, MD, PhD (USF)
- George Shybut, MD (PAMA, Cincinnati, Ohio)
- Tom Welsh, PhD (PAMA, IADMS, FSU)
- Virginia Wilmerding, PhD (PAMA, University of New Mexico)