Bringing Performance Indoors: Performance Challenges with COVID-19

#FightthefatiguedwithNATS
Risk Mitigation is CRITICAL

Job #1 – Understand your personal risk tolerance and how that might impact your decision making for others.
https://testyourself.psychtests.com/testid/2122

Job #2 – Understand your singers

Job #3 – Understand your setting(s)
Group Singing

Recommendations:

INDOOR
6’x6’ spacing
_masked_
30 min. reh. max
(allow 1-3 exchanges before next use)

OUTDOOR
6’x6’ spacing
_masked_
move after 30 min.
(or 5 min. pause before resuming)
(if under cover have open sides)

Min. 3 air exchanges/hr
more if possible
Use filtration options

RESEARCH CONTINUES

Based on International Performing Arts Research study
KEEPING ARTS ED SAFE AT SCHOOL

MASK Everything!

DISTANCE 6 FEET with Mask

TIMING

OUTDOOR
- Playing Instruments, Singing, Acting, or Dancing (Masks strongly recommended)
- 30 minute blocks with 6ft spacing
- 5 minute pause between blocks

INDOORS
- Playing Instruments, Singing, Acting, or Dancing (Masks required)
- 30 minutes with 6ft spacing
- Minimum one air change between class

MATERIALS MATTER

2 LAYERS or more of DENSE FABRIC for instruments
WELL-FITTING MASKS for students

Proper HYGIENE

Instruments
Spaces
People

Good ventilation and air change rate for the space.

ARTS ED NJ

Source: International Coalition of Performing Arts Aerosol Study 8/6/2020
MASK UP!

Extensive Mask Testing by Dr. John Volckens and colleagues at Colorado State University

http://jv.colostate.edu/masktesting/

Webinar on Masks

https://youtu.be/lxzznIsXU9w
What is Changing?

• Opera/theater/music theater/TV production are developing elaborate testing and quarantining protocols before rehearsals begin as well as bubbles during production period with some success.

Wolf Trap, European Theatres, 2021 summer programs, some YAPs.
One on One
Rehearsals/Lessons/Coachings

• Most studio spaces are simply not adequate for face to face instruction.
• Safest method is to teach/rehearse online using a variety of technologies
• Low Latency solutions allow teacher/singer/Pianist to be in separate spaces but connected in real time. Soundjack, Jacktrip, Rehearsal Live Share, and others. See FB groups “NATS does (insert name)” ex. NATS does Soundjack
• Some F2F lessons being taught in recital halls or auditoriums (all masked please). Observe strict timing based on space
• More solutions being introduced
More on Understanding Your Setting

Your locale

Georgia Tech Event Risk Assessment Tool

https://covid19risk.biosci.gatech.edu/
More on Understanding Your Setting

What about my facility?

Colorado Aerosol Transmission Estimator
https://docs.google.com/spreadsheets/d/16K1OQkLD4BjgBdO8ePj6ytf-RpPMlJ6aXFg3PrIQBbQ/edit#gid=519189277
Allows you to enter parameters of your space and estimate

Harvard-CU Boulder Portable Air Cleaner Calculator for Schools
https://docs.google.com/spreadsheets/d/1NEhk1LEdbEi_b3wa6gl_zNs8uBJjSS-86d4b7bW098/edit#gid=1882881703
Are you a singer/voice teacher/choral conductor/K-12 educator and have contracted COVID?

Please help us gather data on the effects of COVID-19 on singers by completing this important survey.

https://www.nats.org/cgi/page.cgi/_article.html/What_s_New/NATS_launches_survey_of_singing_teachers_who_have_contracted_COVID-19
The Near Term

- Positive cases are rising
- Many European lockdowns are reappearing
- Be prepared to change your method of teaching to a more restrictive one.
- Be prepared to advocate on behalf of yourself if there is resistance to additional restrictions as positive case statistics rise.
- Prepare messaging that reinforces to your constituency.
#FightTheFatigue

Thank you

Allen@nats.org