

Do you treat wind and brass musicians with stress VPI?

Stress VPI has been reported as occurring in 39% of a sample of student instrumentalists.

Various treatment approaches have been used however there is currently NO clear agreement on what methods are most appropriate in treating musicians with this condition.

We are seeking specialists who have expert knowledge or clinical experience of treating stress VPI in woodwind and brass musicians. We would like you to participate in a Delphi study that aims to ascertain if a consensus exists on evaluation and treatment approaches. Volunteers are needed to answer two short web-questionnaires. Results from this study will be used to design an appropriate evaluation and treatment protocol to be piloted in future research. You will be offered to be informed of any outcomes of this study.

This study will be conducted by Alison Evans and form part of a PhD degree at the Sydney School of Public Health under the supervision of Associate Professor Tim Driscoll and Dr Bronwen Ackermann.

To express interest in participating in this study please contact
Alison Evans via email alison.evans@sydney.edu.au

